

# **HOG'S TRAIL MARATHON**

Hardest Croatian mountain race with total height difference of 1200 meters.

## **Zagreb**

### **Mountain Medvednica**

Sunday, July 8<sup>th</sup>, 2012

**ORGANIZER:** Athletic club **SLJEME**

**START:** 10 AM at the highest peak of the mountain which is called Sljeme (1031m);

**LENGTH:** marathon 42km, relay 3 x 14km; relays can be men or mix, no female relay;

**COURSE:** One lap 14km (height difference 940m, 470m downhill + 470m uphill), each member of relay run one lap, marathon runners run 3 laps. Course is in the wood, mostly in shade, on the hiking trail, with a lot of uphill and downhill. Every kilometre is marked. Whole course is in Croatian Park of Nature "Medvednica".

**REGISTRATION:** [online](#) (from June 1<sup>st</sup> until July 1<sup>st</sup>, after that date only on site)

**CATEGORIES:**

- Marathon: MS (until 34), M35 (35-39), M40 (40-44), M45 (45-49), M50 (50-54), M55 (55-59), M60 (60+), FS (until 34), FV (35 and over)
- Men relay (years sum): MS (until 99), M100 (100-119), M120 (120-139), M140+
- Mix relay (years sum): MFS (until 99), MF100 (100-119), MF120 (120-139), MF140+

**ENTRY FEE:**

marathon 20 euro, relay 3 x 15 euro (45 euro)

all participants receive T-shirt, finisher medal, lunch and refreshments.

**PRIZES:**

- Marathon: First three (M, F): trophies & gifts
- Relay: First three (M, F): trophies & gifts
- Medals in categories (marathon & relay)

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